



# Track Your Symptoms



Learn more about PAH at [pahinitiative.com](http://pahinitiative.com)

## Track your symptoms

Use this form to keep track of your PAH symptoms. Your healthcare provider needs to know how you're feeling, what concerns you have, and what's happened since your last visit.

## Talk to your healthcare provider

This information can help your healthcare provider make decisions about whether to adjust the dose of your medication or add medication to control your symptoms.

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