



PAH Symptoms



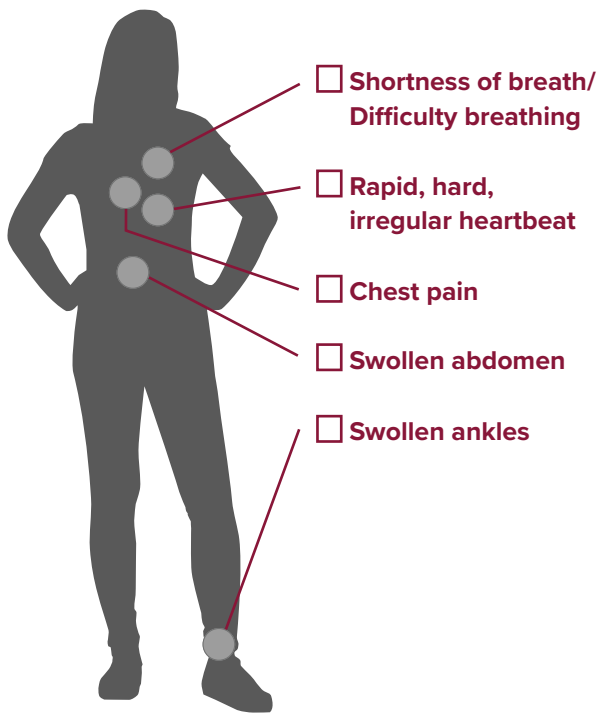
Learn more about PAH at pahinitiative.com

Review your symptoms, then share your results

The PAH symptom checklist

Do you have symptoms of PAH?

PAH is rare, so the symptoms can be easy to overlook. Use this checklist to identify your symptoms. Select all the symptoms that apply to you.









Tell your healthcare provider about your symptoms

It's important to talk to your healthcare provider about any symptoms you experience, no matter how minor they seem.

Symptoms and everyday activities

Are PAH symptoms making it difficult for you to participate in everyday activities? If your symptoms are staying the same or not getting better, your PAH may not be adequately controlled. Review the list below. For each activity, rate your symptoms based on how you feel. Choose all that apply.

<p>Yard work</p>  <ul style="list-style-type: none"><input type="radio"/> Few or no symptoms<input type="radio"/> Moderate symptoms<input type="radio"/> Severe symptoms	<p>Shopping</p>  <ul style="list-style-type: none"><input type="radio"/> Few or no symptoms<input type="radio"/> Moderate symptoms<input type="radio"/> Severe symptoms	<p>Doing laundry</p>  <ul style="list-style-type: none"><input type="radio"/> Few or no symptoms<input type="radio"/> Moderate symptoms<input type="radio"/> Severe symptoms
<p>Walking up stairs</p>  <ul style="list-style-type: none"><input type="radio"/> Few or no symptoms<input type="radio"/> Moderate symptoms<input type="radio"/> Severe symptoms	<p>Walking the dog</p>  <ul style="list-style-type: none"><input type="radio"/> Few or no symptoms<input type="radio"/> Moderate symptoms<input type="radio"/> Severe symptoms	<p>Preparing a meal</p>  <ul style="list-style-type: none"><input type="radio"/> Few or no symptoms<input type="radio"/> Moderate symptoms<input type="radio"/> Severe symptoms

Bring this with you to your next appointment

If you're still experiencing symptoms or your symptoms are not improving, bring this list to your next appointment. Your healthcare provider can assess your treatment plan and consider whether changes may be needed.